

MIDLIFE MONEY WITH JACK

Retirement Number Calculator

Discover Your 3 Retirement Numbers in Under 5 Minutes

STEP 1 Retirement Income Target

Current Household Income

Multiply by 80%

Retirement Income Target

Example: $\$80,000 \times 0.80 = \$64,000$

STEP 2 Guaranteed Income Sources

Expected Social Security (per year)

Pension Income (per year)

Other Guaranteed Income (per year)

Total Guaranteed Income

STEP 3 Portfolio Income Need

Retirement Income Target

Minus: Guaranteed Income

Portfolio Income Need (per year)

Example: $\$64,000 - \$22,000 = \$42,000$

STEP 4 Retirement Savings Target (The 4% Rule)

Multiply your Portfolio Income Need by 25 — the inverse of a 4% withdrawal rate.

Portfolio Income Need × 25

Your Retirement Savings Target

Example: \$42,000 × 25 = \$1,050,000

STEP 5 Where Are You Today?

401(k)

IRA

Brokerage

Other Investments

Current Total

STEP 6 Progress Score

Current Savings

Retirement Target

Current Savings ÷ Retirement Target = %

You're Currently:

- Under 25% Complete
- 25–50% Complete
- 50–75% Complete
- 75–100% Complete
- Financially Independent ★

STEP 7 Savings Rate Target

How Old Are You?

- 40–45 → Save 15% of Gross Income
- 46–50 → Save 20% of Gross Income
- 51–55 → Save 25%+ of Gross Income
- 56–60 → Save 25%+ of Gross Income

■ Quick Reality Check — Retirement Benchmarks

Age	Benchmark
Age 40	3× Annual Salary Saved
Age 50	6× Annual Salary Saved
Age 60	8–10× Annual Salary Saved

These are benchmarks, not verdicts. If you're below them, the solution isn't panic — the solution is a plan.

✓ Your Retirement GPS — 3 Numbers That Matter

1	Retirement Income Target	_____
2	Retirement Savings Target	_____
3	Savings Rate Target	_____ %

You now know:

- ✓ What retirement will cost
- ✓ How much you need invested
- ✓ What you should save going forward

Most people never calculate these numbers.

You just did.

— Jack | *Midlife Money*